

PHILOSOPHY

The MAFP is happy to present this annual event, in an effort to effectively combine the enjoyable leisure and recreation of skiing with a meaningful continuing medical educational program. Your attendance at the meeting sessions is essential if we are to continue this event.

While we have been proud of the quality of the formal talks, panels, demonstrations, etc. of previous years, we feel the maximum benefit comes from the INDIVIDUAL, informal discussion that takes place between the attending physician and the speaker — on the ski hill or chair lift, in the lounge or in the dining room. Therefore, we encourage you to make the maximum use of these speakers while they are here. They all have much more to offer than can be contained in their brief formal presentation.

HISTORY

In the fall of 1958 two physicians met again while attending the western Surgical Society meeting in Salt Lake City. The Montana doctor invited the Minneapolis doctor to come to Montana and give a talk. The first in January 1959, was located at The Big Mountain in Whitefish, so that the initial speaker, Dr. Car Rice (late editor of Minnesota Medicine) could enjoy some skiing during his visit.

Thus began an annual event of skiing physicians migrating to this northern Rocky Mountain ski resort to combine daytime recreation with evening continuing education programs. The meetings were small and informal, and the accommodations in the original Chalet included only one room with a private bath. The jovial atmosphere initially engendered by standing in line to use the facilities at the end of the hall persists today.

Since the speakers were not paid, and there were no other expenses, no registration fees or dues were required. The group call themselves the "Big Mountain Medical Association." Interest grew and skiing physicians began arriving from throughout the country, rather than just those who practiced along the Great Northern Railroad line. Many made it an annual event, and several Flathead County Medical Society members took turns being Program Chairman. Since 1965 the meeting has been officially sponsored by the Montana Academy of Family Physicians.

The Lodge at Whitefish Lake is a full service resort/ spa/ conference center along the shores of Whitefish Lake. Just a 15 minute drive to skiing on Big Mountain, the lodge offers fantastic comfort and a convenient location to downtown Whitefish restaurants and nightlife.

LODGING

To make reservations at The Lodge at Whitefish Lake, call 1-877-887-4026 or 406-863-4013. Ask for Group reservations; reference the Big Mountain Medical Conference. The Lodge is pleased to offer a low rate for the conference if reserved before 12-28-18. If staying at the Whitefish Mountain Resort, call Whitefish Mountain Resort Reservations at 1-800-858-4152.

People who would like to make their lodging reservations at The Lodge at Whitefish Lake can do so online.

GROUP ID: BIGMTN18

PASSWORD: WHITEFISH

For over 50 years the Whitefish Mountain Resort has been the secret winter getaway of skiers who like to have fun. With over 3,000 skiable acres, two high-speed Quads, no lift lines, magnificently varied terrain, and a ringside vista of Glacier National Park, you'll discover Whitefish Mountain Resort is worth exploring. Whitefish Mountain Resort is the second highest ranked ski resort in Montana and is ranked 11th overall in "The Top 50 Resort Guide" survey in October 2012 Ski magazine.

Whitefish Mountain Resort's village offers a great après ski environment and a wide variety of dining is available.



Please note: In 2007 Big Mountain changed its name to Whitefish Mountain Resort.

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KALISPELL, MT
59901

THE BIG MOUNTAIN
MEDICAL CONFERENCE

8 Cloverview Drive
Helena, MT 59601

THE MONTANA ACADEMY
OF FAMILY PHYSICIANS

Presents The 60th Annual

Big Mountain Medical Conference

January 24th - 26th, 2018



The Lodge at Whitefish Lake
Whitefish, Montana

Register on line at:
<http://www.montanaafp.org>

Application for CME credit has been filed with the AAFP. Determination of credit is pending

Wednesday, January 24, 2018

The Lodge at Whitefish Lake

Afternoon

- 4:30 - 5:00 **Registration**
- 5:00 - 7:00 **Digestive Disease Challenges for the Community Clinician—**
Nicholas V. Costrini, MD, PhD, MBA
- 7:00 - 7:15 **Break for Dinner (Buffet Provided)**
- 7:15 - 8:15 **Resident Case Presentation: What Matters Most? The Impact Of Social Determinants of Health in the Primary Care Setting—***Mariah Bonner, D.O., & Elizabeth Paddock, M.D.*
- 8:15 - 9:15 **Common Developmental Problems in Children: Screening, Evaluations & Management—***Bonnie Stephens, M.D.*

Thursday, January 25, 2018

The Lodge at Whitefish Lake

Morning

- 7:00 - 9:00 **Advances in Nutritional Science to Slow Aging, Prevent Cancer & Dementia—***Joel Fuhrman, M.D.*
- 11:00 **Ski Races**

Afternoon

- 4:30 - 5:30 **Building a Case for Medication Assisted Treatment During Pregnancy in Opioid Use Disorders—***Marc Mentel, D.O.*
- 5:30 - 6:30 **Cost, Access & Outcomes: The Struggle Continues—***Gregory Holzman, MD, MPH*
- 6:30 **Reception with food and drinks
Trophy Presentations for Ski/Snowboard Races**

Friday, January 26, 2018

The Lodge at Whitefish Lake

Morning

- 7:00 - 8:00 **Preconception & Interconception Care: The Role of Primary Care—***Johanna Warren, MD*
- 8:00 - 9:00 **Management of At-Risk Newborns—How Intrapartum Complications Affect Neonatal Care—***Johanna Warren, MD*



The Lodge at Whitefish Lake

9:00 - 12:00

Optional Nexplanon Workshop (Sponsored by Merck)

There is no fee but you do have to register to attend as space is limited (You can also sign up to attend this workshop if you are not attending the conference)

Afternoon

4:30 - 5:30

Bariatric Presentation — *Andrew Bright, M.D.*

5:30 - 6:30

Practical Approaches to Physician Wellness — *Amy Matheny, M.D.*

FACULTY

Andrew Bright, M.D.

Bariatric Surgery
Deaconess Hospital, Spokane

Nicholas Costrini, M.D.

Prog. Dir., Digestive Health Institute
Kalispell Regional Medical Center

Mariah Bonner, D.O.

Resident, Fam Med Residency of
Western MT (FMRWM) Missoula, MT

John B. Miller, M.D., Winter Meeting

Program Chair, Faculty, FMRWM
Missoula, MT

Joel Fuhrman, M.D.

Recognized Expert on Nutrition
& Natural Healing

Gregory Holzman, M.D.

Montana Medical Officer
DPHHS, Helena

Amy Matheny, M.D.

Faculty, FMRWM

Marc Mentel, D.O.

Faculty, FMRWM

Elizabeth Paddock, M.D.

Faculty, FMRWM

Bonnie Stephens, M.D.

Neonatal & Dev. Beh. Pediatrician
Com. Med. Center, Missoula

Johanna Warren, M.D.

Fam. Med., Oregon Health U
Science, Portland

Faculty Disclosure

MAFP must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

REGISTRATION FORM

Please send this form to:

Montana Academy of Family Physicians
Linda Edquest
8 Cloverview Drive
Helena, MT 59601
linda@montanaafp.org

Online registration Available at: <http://www.montanaafp.org>
Please note MAFP is able to accept credit cards for registration.

Name _____
Title _____
Address _____
City _____
State _____ Zip _____
Phone _____
Email _____

REGISTRATION FEE:

*Before Jan. 1, 2016: After Jan. 1, 2016:

Montana AFP Members	\$385 _____	\$410 _____
Non-Members	\$435 _____	\$460 _____
Residents	\$0 _____	\$0 _____
Students	\$0 _____	\$0 _____
Nurse Practitioners/PAS	\$385 _____	\$410 _____
Out of State Residents And Students	\$200 _____	\$225 _____

Total _____

Ski Racers FREE!! Number of racers attending: _____

(Includes Wednesday night dinner for registrants, Thursday night reception for registrants and families and ski racing for registrants and family members)

— I would like to attend the Nexplanon Workshop on Friday, Jan. 26

Telephone 406-431-9384

"The AAFP invites comments on any activity that has been approved for AAFP CME credit. Please forward your comments on the quality of this activity to cmecomment@aafp.org."