

PHILOSOPHY

The MAFP is happy to present this annual event, in an effort to effectively combine the enjoyable leisure and recreation of skiing with a meaningful continuing medical educational program. Your attendance at the meeting sessions is essential if we are to continue this event.

While we have been proud of the quality of the formal talks, panels, demonstrations, etc. of previous years, we feel the maximum benefit comes from the INDIVIDUAL, informal discussion that takes place between the attending physician and the speaker — on the ski hill or chair lift, in the lounge or in the dining room. Therefore, we encourage you to make the maximum use of these speakers while they are here. They all have much more to offer than can be contained in their brief formal presentation.

HISTORY

In the fall of 1958 two physicians met again while attending the western Surgical Society meeting in Salt Lake City. The Montana doctor invited the Minneapolis doctor to come to Montana and give a talk. The first in January 1959, was located at The Big Mountain in Whitefish, so that the initial speaker, Dr. Car Rice (late editor of Minnesota Medicine) could enjoy some skiing during his visit.

Thus began an annual event of skiing physicians migrating to this northern Rocky Mountain ski resort to combine daytime recreation with evening continuing education programs. The meetings were small and informal, and the accommodations in the original Chalet included only one room with a private bath. The jovial atmosphere initially engendered by standing in line to use the facilities at the end of the hall persists today.

Since the speakers were not paid, and there were no other expenses, no registration fees or dues were required. The group call themselves the "Big Mountain Medical Association." Interest grew and skiing physicians began arriving from throughout the country, rather than just those who practiced along the Great Northern Railroad line. Many made it an annual event, and several Flathead County Medical Society members took turns being Program Chairman. Since 1965 the meeting has been officially sponsored by the Montana Academy of Family Physicians.

The Lodge at Whitefish Lake is a full service resort/ spa/ conference center along the shores of Whitefish Lake. Just a 15 minute drive to skiing on Big Mountain, the lodge offers fantastic comfort and a convenient location to downtown Whitefish restaurants and nightlife.

LODGING

To make reservations at The Lodge at Whitefish Lake, call 1-877-887-4026 or 406-863-4013. Ask for Group reservations; reference the Big Mountain Medical Conference. The Lodge is pleased to offer a low rate for the conference if reserved before 12-28-19. If staying at the Whitefish Mountain Resort, call Whitefish Mountain Resort Reservations at 1-800-858-4152.

The MAFP expects that everyone attending the conference will follow CDC guidelines for indoor gatherings. Currently, this includes being vaccinated, wearing a mask and social distancing.

Also, we are looking into the possibility of offering a virtual option. If you would be interested, please email

linda@montanaafp.org

Whitefish Mountain Resort's village offers a great après ski environment and a wide variety of dining is available.



Please note: In 2007 Big Mountain changed its name to Whitefish Mountain Resort.

PRSRTSTD
U.S. POSTAGE
PAID
PERMIT #20
KALISPELL, MT
59901

THE BIG MOUNTAIN
MEDICAL CONFERENCE
8 Cloverview Drive
Helena, MT 59601

THE MONTANA ACADEMY
OF FAMILY PHYSICIANS

Presents The 61st Annual

Big Mountain Medical Conference

January 26 - 28, 2022



The Lodge at Whitefish Lake
Whitefish, Montana

**Register on line at:
<http://www.montanaafp.org>**

Application for CME credit has been filed with the AAFP. Determination of credit is pending

Wednesday, January 26, 2022

Afternoon

- 4:30 - 5:00 **Registration**
- 5:00 - 6:00 **Pandemic: What We Had Forgotten, What We Have Learned, What We Hope We Will All Remember**—*Gregory Holzman, M.D.*
- 6:00 - 7:00 **Recovery Following COVID-19; Long COVID Evaluation & Management in a Primary Care Setting** —*Bethany Weiler-Lisowski, M.D.*
- 7:00 - 7:15 **Break for Dinner (Buffet Provided)**
- 7:15 - 8:15 **Evidence Update: Ten Articles to Know From 2021**—*Tim Caramore, M.D.*
- 8:15 - 9:15 **Pearls For Antibiotic Prescribing in Primary Care**—*Elizabeth Paddock, M.D.*

Thursday, January 27, 2022

Morning

- 7:00 - 8:00 **Direct Primary Care in Montana: Reflections of an Early Adopter**—*Todd Bergland, M.D.*
- 8:00 - 8:30 **Findings From a Montana Rural Scope of Practice Survey**—*Darin Bell, M.D., & Elizabeth Paddock, M.D.*
- 8:30—9:00 **ABFM National Journal Club**—*Emily Banik, PMP & Amy Matheny, M.D.*

11:00 Ski Races

Afternoon

- 4:30 - 5:30 **Challenges in CVD Risk Reduction**—*Sharon Hecker, M.D.*
- 5:30 - 6:30 **Cognitive Care Assessment & Planning**—*Michael Temporal, M.D.*
- 6:30 **Reception with food and drinks
Trophy Presentations for Ski/Snowboard Races**

Friday, January 28, 2022

Morning

- 7:00 - 8:00 **Update on Cervical Cancer Screening Guidelines**—*Nerissa Koehn, M.D., & Amy Matheny, M.D.*
- 8:00— 9:00 **Guideline Update Potpourri**—*Amy Matheny, MD*

9:30 - 11:30

Optional Nexplanon Workshop

There is no fee but you have to register to attend as space is limited—conference registration is not required

Afternoon

- 4:30 - 5:30 **Pencils, Daggers and Abe Lincoln: An Overview of Rheumatology Radiology** — *Stephen Reale, M.D.*
- 5:30 - 6:30 **Going Beyond “Are You Sexually Active?”: Tools for Effective Discussions About Adolescent Sexuality** —*Emma Wright, M.D.*

FACULTY

Darin Bell, M.D.

FMRWM, Missoula, MT

Todd Bergland, M.D.

Fountainhead Family Medicine
Whitefish, MT

Timothy Caramore, M.D.

FMRWM, Missoula, MT

Sharon Hecker, M.D., Cardiology

Logan Health, Kalispell, MT

John B. Miller M.D., Winter Meeting

Program Chair, Missoula, MT

Gregory Holzman, M.D.

Family Medicine, Helena, MT

Nerissa Koehn, M.D.

Family Medicine, Missoula, MT

Amy Matheny, M.D.

FMRWM, Missoula, MT

Elizabeth Paddock, M.D.

FMRWM, Missoula, MT

Stephen Reale, M.D., Resident

FMRWM, Missoula, MT

Michael Temporal, M.D.

Family Medicine, Billings, MT

Bethany Weiler-Lisowski, M.D.

Pulmonology, Kalispell, MT

Emma Wright, M.D.

FMRWM, Missoula, MT

Faculty Disclosure

MAFP must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.



The Lodge at Whitefish Lake

REGISTRATION FORM

Please send this form to:

Montana Academy of Family Physicians
Linda Edquest
8 Cloverview Drive
Helena, MT 59601
linda@montanaafp.org

Online registration Available at: <http://www.montanaafp.org>

Please note MAFP is able to accept credit cards for registration.

Name _____

Title _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

REGISTRATION FEE:

*Before Jan. 1, 2022: After Jan. 1, 2022:

Montana AFP Members	\$385	\$410
Non-Members	\$435	\$460
NP/PA	\$385	\$410
Residents	\$200	\$200
Students	\$0	\$0

Total _____

Ski Racers FREE # of racers attending_____

____I would like to attend the Nexplanon workshop on Friday

Registration includes Wednesday night dinner for registrants and Thursday night reception for registrants and families

Telephone 406-431-9384

"The AAFP invites comments on any activity that has been approved for AAFP CME credit. Please forward your comments on the quality of this activity to cmecomment@aafp.org."