

PHILOSOPHY

The MAFP is happy to present this annual event, in an effort to effectively combine the enjoyable leisure and recreation of skiing with a meaningful continuing medical educational program. Your attendance at the meeting sessions is essential if we are to continue this event.

While we have been proud of the quality of the formal talks, panels, demonstrations, etc. of previous years, we feel the maximum benefit comes from the INDIVIDUAL, informal discussion that takes place between the attending physician and the speaker — on the ski hill or chair lift, in the lounge or in the dining room. Therefore, we encourage you to make the maximum use of these speakers while they are here. They all have much more to offer than can be contained in their brief formal presentation.

HISTORY

In the fall of 1958 two physicians met again while attending the western Surgical Society meeting in Salt Lake City. The Montana doctor invited the Minneapolis doctor to come to Montana and give a talk. The first in January 1959, was located at The Big Mountain in Whitefish, so that the initial speaker, Dr. Car Rice (late editor of Minnesota Medicine) could enjoy some skiing during his visit.

Thus began an annual event of skiing physicians migrating to this northern Rocky Mountain ski resort to combine daytime recreation with evening continuing education programs. The meetings were small and informal, and the accommodations in the original Chalet included only one room with a private bath. The jovial atmosphere initially engendered by standing in line to use the facilities at the end of the hall persists today.

Since the speakers were not paid, and there were no other expenses, no registration fees or dues were required. The group call themselves the "Big Mountain Medical Association." Interest grew and skiing physicians began arriving from throughout the country, rather than just those who practiced along the Great Northern Railroad line. Many made it an annual event, and several Flathead County Medical Society members took turns being Program Chairman. Since 1965 the meeting has been officially sponsored by the Montana Academy of Family Physicians.

The Lodge at Whitefish Lake is a full service resort/ spa/ conference center along the shores of Whitefish Lake. Just a 15 minute drive to skiing on Big Mountain, the lodge offers fantastic comfort and a convenient location to downtown Whitefish restaurants and nightlife.

LODGING

To make reservations at The Lodge at Whitefish Lake, call 1-877-887-4026 or 406-863-4013. Ask for Group reservations; reference the Big Mountain Medical Conference.

The Lodge is pleased to offer a low rate for the conference if reserved before 12-30-24.

If staying at the Whitefish Mountain Resort, call Whitefish Mountain Resort Reservations at 1-800-858-4152.

The MAFP expects that everyone attending the conference will follow CDC guidelines for indoor gatherings.



Whitefish Mountain Resort's village offers a great après ski environment and a wide variety of dining is available.



Please note: In 2007 Big Mountain changed its name to Whitefish Mountain Resort.

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KALISPELL, MT
59901

THE BIG MOUNTAIN
MEDICAL CONFERENCE

8 Cloverview Drive
Helena, MT 59601



THE MONTANA ACADEMY
OF FAMILY PHYSICIANS

Presents The 64th Annual

Big Mountain Medical Conference

January 29 - 31, 2025



The Lodge at Whitefish Lake
Whitefish, Montana

**Register on line at:
<http://www.montanaafp.org>**

Application for CME credit has been filed with the AAFP. Determination of credit is pending

Wednesday, January 29, 2025

Afternoon

4:30 - 5:00

Registration

5:00 - 6:00

**New Things in the Heart Failure Toy Box —
Joseph Krezowski, M.D.**

6:00 - 7:00

**Recognizing Potential Amyloidosis in Your Patients
—Louis Kuritzky, M.D.**

7:00 - 7:15

Break for Dinner (Buffet Provided)

7:15 - 8:15

Practical Dementia for Family Medicine—Leah Carlburg, M.D.

8:15 - 9:15

**Navigating the Final Journey: Prognostication and the Hospice
Experience—Saul Rivard, M.D.**

Thursday, January 30, 2025

Morning

7:00 - 8:00

**Return to Play Guidelines for Common Sports Injuries
—Karen Perser, M.D.**

8:00 - 9:00

**Beyond Numbers: Fostering Successful Primary Care Obesity
Management through the Lens of Cultural Humility
—Michelle Freshwater, MD, MFOMA**

Afternoon

4:30 - 5:30

**Updates on Diabetes Medications and Their Indications
—Elizabeth Paddock, M.D.**

5:30 - 6:30

**Top 7 Family Articles From 2024
—Tim Caramore, M.D.**

6:30

Reception with food and drinks

Friday, January 31, 2025

Morning

7:00 - 8:00

**Engaging primary care providers in team-based
cancer care. Delivery of patient-centered care
in a resource-limited environment
— Jack Hensold, M.D.**

8:00 - 9:00

**Menopause and HRT: Cutting through the Noise
— Gwenda Jonas, M.D.**

9:15 - 10:15

**When Everything is not Fine: Addressing
Parental Mental Health in Primary Care
—Samantha Greenberg, M.D.**

10:15 - 11:15

**Optimizing Communication and Cancer Care in
Primary Care: A Physician and Patient
Perspective — Elisabeth Kuper, M.D.**

Afternoon

4:30 - 5:30

Primary Care After The Complicated Pregnancy —Cecilia Heck, M.D.

5:30 - 6:30

Guideline Update Potpourri —Amy Matheny, M.D.

FACULTY

Tim Caramore, M.D.
Clinical Assistant Professor of Med.
FMRWM, Missoula, MT

Leah Carlburg, M.D.
Faculty, FMRWM
Missoula, MT

Michelle Freshwater, M.D.
Family Medicine, Boise, ID

Samantha Greenberg, M.D.
Kalispell Site Director
FMRWM, Kalispell, MT

Cecilia Heck, M.D.
Resident, FMRWM, Missoula, MT

Jack Hensold, M.D.
Oncology, Bozeman, MT

Gwenda Jonas, M.D.
OBGYN, Kalispell, MT

Joseph Krezowski, M.D.
Cardiology, Logan Health
Kalispell, MT

Elisabeth Kuper, M.D.
St. Luke's Health System
Family Medicine, Eagle, ID

Louis Kuritsky, M.D.
Family Medicine, Gainsville, FL

Amy Matheny, M.D.
Associate Program Director
FMRWM, Missoula, MT

Elizabeth Paddock, M.D.
Clinical Assistant Professor of Med.
FMRWM, Missoula, MT

Karen Perser, M.D.
Orthopedics & Sports Medicine
Logan Health, Kalispell, MT

Saul Rivard, M.D.
Family Medicine, Hestia Advantage
Missoula, MT

John B. Miller, M.D.
Winter Meeting Program Chair

Faculty Disclosure

MAFP must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.



The Lodge at Whitefish Lake

REGISTRATION FORM

Please send this form to:

Montana Academy of Family Physicians
Linda Edquest
8 Cloverview Drive
Helena, MT 59601
linda@montanaafp.org

Online registration Available at: <http://www.montanaafp.org>
Please note MAFP is able to accept credit cards for registration.

Name _____
Title _____
Address _____
City _____
State _____ Zip _____
Phone _____
Email _____

REGISTRATION FEE:

	*Before Jan. 1, 2025:	After Jan. 1, 2025:
Montana AFP Members	\$385	\$410
Non-Members	\$435	\$460
NP/PA	\$385	\$410
Residents	\$200	\$200
Students	\$0	\$0
		Total _____

Registration includes Wednesday night dinner for registrants and Thursday night reception for registrants and families

Telephone 406-431-9384

"The AAFP invites comments on any activity that has been approved for AAFP CME credit. Please forward your comments on the quality of this activity to mecomment@aafp.org."

