

## PHILOSOPHY

The MAFP is happy to present this annual event, in an effort to effectively combine the enjoyable leisure and recreation of skiing with a meaningful continuing medical educational program. Your attendance at the meeting sessions is essential if we are to continue this event.

While we have been proud of the quality of the formal talks, panels, demonstrations, etc. of previous years, we feel the maximum benefit comes from the INDIVIDUAL, informal discussion that takes place between the attending physician and the speaker — on the ski hill or chair lift, in the lounge or in the dining room. Therefore, we encourage you to make the maximum use of these speakers while they are here. They all have much more to offer than can be contained in their brief formal presentation.

## HISTORY

In the fall of 1958 two physicians met again while attending the western Surgical Society meeting in Salt Lake City. The Montana doctor invited the Minneapolis doctor to come to Montana and give a talk. The first in January 1959, was located at The Big Mountain in Whitefish, so that the initial speaker, Dr. Car Rice (late editor of Minnesota Medicine) could enjoy some skiing during his visit.

Thus began an annual event of skiing physicians migrating to this northern Rocky Mountain ski resort to combine daytime recreation with evening continuing education programs. The meetings were small and informal, and the accommodations in the original Chalet included only one room with a private bath. The jovial atmosphere initially engendered by standing in line to use the facilities at the end of the hall persists today.

Since the speakers were not paid, and there were no other expenses, no registration fees or dues were required. The group call themselves the "Big Mountain Medical Association." Interest grew and skiing physicians began arriving from throughout the country, rather than just those who practiced along the Great Northern Railroad line. Many made it an annual event, and several Flathead County Medical Society members took turns being Program Chairman. Since 1965 the meeting has been officially sponsored by the Montana Academy of Family Physicians.

The Lodge at Whitefish Lake is a full service resort/ spa/ conference center along the shores of Whitefish Lake. Just a 15 minute drive to skiing on Big Mountain, the lodge offers fantastic comfort and a convenient location to downtown Whitefish restaurants and nightlife.

## LODGING

To make reservations at The Lodge at Whitefish Lake, call 1-877-887-4026 or 406-863-4013. Ask for Group reservations; reference the Big Mountain Medical Conference.

**The Lodge is pleased to offer a low rate for the conference if reserved before 12-30-25.**

If staying at the Whitefish Mountain Resort, call Whitefish Mountain Resort Reservations at 1-800-858-4152.

***The MAFP expects that everyone attending the conference will follow CDC guidelines for indoor gatherings.***



Whitefish Mountain Resort's village offers a great après ski environment and a wide variety of dining is available.



Please note: In 2007 Big Mountain changed its name to Whitefish Mountain Resort.

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THE MONTANA ACADEMY  
OF FAMILY PHYSICIANS

Presents The 65th Annual

## Big Mountain Medical Conference

January 28 - 30, 2026



The Lodge at Whitefish Lake  
Whitefish, Montana

THE BIG MOUNTAIN  
MEDICAL CONFERENCE  
8 Cloverview Drive  
Helena, MT 59601

**Register on line at:**  
**<http://www.montanaafp.org>**

**Application for CME credit has been filed with the AAFP. Determination of credit is pending**

## Wednesday, January 28, 2026

### Afternoon

- 4:30 - 5:00 **Registration**
- 5:00 - 6:00 **Pediatric Headache Disorders: Diagnosis & Current Treatment Strategies**—*Dmitry Tchapyjnikov, M.D.*
- 6:00 - 7:00 **Pediatric Seizure Disorders & Seizure Mimics** —  
*Dmitry Tchapyjnikov, M.D.*
- 7:00 - 7:15 **Break for Dinner (Buffet Provided)**
- 7:15 - 8:15 **Modern Heart Check: Risk Stratification & Lipid Lowering Insights**—  
*Joseph Krezowski, M.D.*
- 8:15 - 9:15 **Vax On, Vax Off: 2026 Vaccine & ID Update**—  
*Robert Cruikshank, M.D.*

## Thursday, January 29, 2026

### Morning

- 7:00 - 9:00 **I. Treatment Resistant Depression and Bipolar Disorder**  
**II Anxiety Disorders in Primary Care**—*Eric Arzubi, M.D.*

### Afternoon

- 4:30 - 5:30 **Sports Related Concussion**—*Leah Carlburg, M.D.*
- 5:30 - 6:30 **Medical Education Update & Tips For Working With Learners**  
—*Robert Stenger, M.D. & Serena Brewer, D.O.*
- 6:30 **Reception with food and drinks**
- 7:30 **RHAPpy Hour (The Reproductive Access Project, Montana Cluster, provides quality care for pregnancy loss, contraception and abortion with a reproductive justice lens. They will host a social to also share resources regarding gender-affirming care between providers across the state.**

## Friday, January 30, 2026

### Morning

- 7:00 - 8:00 **Hot Topics in Obstetrics**  
— *Benjamin Bryden, M.D.*
- 8:00 - 9:00 **Bladder Matters: Strategies for Urinary Incontinence & Vaginal Prolapse Management**  
— *Amy McKerrow, M.D.*
- 9:15— 10:15 **Coughing Up The Evidence: Why We Need to Stop Blaming Everything on GERD**  
—*Katrina Maher, M.D.*



The Lodge at Whitefish Lake

10:15— 11:15

**Resident Presentation** —*Abigail Anderson, M.D.*

11:15—12:15

**Physician Advocacy and Health in Montana**—*Lauren Wilson, M.D., Stacey Anderson, Lobbyist, and Heidi Duncan, M.D.*

### Afternoon

- 4:30 - 5:30 **Evaluation of Hypercalcemia** —*Jose' de Souza, M.D.*
- 5:30 - 6:30 **What's New in Family Medicine: An Evidence & Guidelines Update**  
—*Tyler Thorson, M.D.*

### FACULTY

**Stacey Anderson**  
Lobbyist, Helena, MT

**Abigail Anderson, M.D.**  
FMRWM, Missoula, MT

**Eric Arzubi, M.D.**  
Frontier Psychiatry, Billings, MT

**Serena Brewer, D.O.**  
Southwest Montana Community Health Center, Butte, MT

**Benjamin Bryden, M.D.**  
FMRWM, Missoula, MT

**Leah Carlburg, M.D.**  
Family Medicine, Columbia Fall, MT

**Robert Cruikshank, M.D.**  
FMRWM, Kalispell, MT

**Jose' de Souza, M.D.**  
Endocrinology  
Logan Health, Kalispell, MT

**Heidi Dumcan, M.D.**  
Billings Clinic, Billings, MT

**Joseph Krezowski, M.D.**  
Cardiology, Logan Health  
Kalispell, MT

**Katrina Maher, M.D.**  
Family Medicine, St. Peter's Health  
Helena, MT

**Amy McKerrow, M.D.**  
Urologic Surgeon, Logan Health  
Kalispell, MT

**Robert Stenger, M.D.**  
FMRWM, Missoula, MT

**Dmitry Tchapyjnikov, M.D.**  
Pediatric Neurology  
Clinical Neurology  
Logan Health, Kalispell, MT

**Tyler Thorson, M.D.**  
FMRWM, Missoula, MT

**Lauren Wilson, M.D.**  
Missoula, MTAAP Advocacy  
Committee Chair

**John B. Miller, M.D.**  
Winter Meeting Program Chair  
Missoula, MT

### Faculty Disclosure

MAFP must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

### REGISTRATION FORM

Please send this form to:

Montana Academy of Family Physicians  
Linda Edquest  
8 Cloverview Drive  
Helena, MT 59601  
linda@montanaafp.org

Online registration Available at: <http://www.montanaafp.org>

Please note MAFP is able to accept credit cards for registration.

Name \_\_\_\_\_

Title \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

### REGISTRATION FEE:

\*Before Jan. 1, 2026: After Jan. 1, 2026:

Montana AFP Members	\$435	\$460
Non-Members	\$485	\$510
NP/PA	\$435	\$460
Residents	\$200	\$225
Students	\$0	\$0
Attend One Day	\$210	\$210

Total \_\_\_\_\_

Registration includes Wednesday night dinner for registrants and Thursday night reception for registrants and families

Telephone 406-431-9384

"The AAFP invites comments on any activity that has been approved for AAFP CME credit. Please forward your comments on the quality of this activity to [cmecomm@aaafp.org](mailto:cmecomm@aaafp.org)."



