

## PHILOSOPHY

The MAFP is happy to present this annual event, in an effort to effectively combine the enjoyable leisure and recreation of skiing with a meaningful continuing medical educational program. Your attendance at the meeting sessions is essential if we are to continue this event.

While we have been proud of the quality of the formal talks, panels, demonstrations, etc. of previous years, we feel the maximum benefit comes from the INDIVIDUAL, informal discussion that takes place between the attending physician and the speaker — on the ski hill or chair lift, in the lounge or in the dining room. Therefore, we encourage you to make the maximum use of these speakers while they are here. They all have much more to offer than can be contained in their brief formal presentation.

## HISTORY

In the fall of 1958 two physicians met again while attending the western Surgical Society meeting in Salt Lake City. The Montana doctor invited the Minneapolis doctor to come to Montana and give a talk. The first in January 1959, was located at The Big Mountain in Whitefish, so that the initial speaker, Dr. Car Rice (late editor of Minnesota Medicine) could enjoy some skiing during his visit.

Thus began an annual event of skiing physicians migrating to this northern Rocky Mountain ski resort to combine daytime recreation with evening continuing education programs. The meetings were small and informal, and the accommodations in the original Chalet included only one room with a private bath. The jovial atmosphere initially engendered by standing in line to use the facilities at the end of the hall persists today.

Since the speakers were not paid, and there were no other expenses, no registration fees or dues were required. The group call themselves the "Big Mountain Medical Association." Interest grew and skiing physicians began arriving from throughout the country, rather than just those who practiced along the Great Northern Railroad line. Many made it an annual event, and several Flathead County Medical Society members took turns being Program Chairman. Since 1965 the meeting has been officially sponsored by the Montana Academy of Family Physicians.

The Lodge at Whitefish Lake is a full service resort/ spa/ conference center along the shores of Whitefish Lake. Just a 15 minute drive to skiing on Big Mountain, the lodge offers fantastic comfort and a convenient location to downtown Whitefish restaurants and nightlife.

## LODGING

To make reservations at The Lodge at Whitefish Lake, call 1-877-887-4026 or 406-863-4013. Ask for Group reservations; reference the Big Mountain Medical Conference. The Lodge is pleased to offer a low rate for the conference if reserved before 12-28-15. If staying at the Whitefish Mountain Resort, call Whitefish Mountain Resort Reservations at 1-800-858-4152.

People who would like to make their lodging reservations at The Lodge at Whitefish Lake can do so online.

GROUP ID: BIGMTN16

PASSWORD: WHITEFISH

*Transportation is available — please indicate on the registration form if you will need transportation between the Whitefish Mountain Resort Village area and the Conference.*

For over 50 years the Whitefish Mountain Resort has been the secret winter getaway of skiers who like to have fun. With over 3,000 skiable acres, two high-speed Quads, no lift lines, magnificently varied terrain, and a ringside vista of Glacier National Park, you'll discover Whitefish Mountain Resort is worth exploring. Whitefish Mountain Resort is the second highest ranked ski resort in Montana and is ranked 11th overall in "The Top 50 Resort Guide" survey in October 2012 Ski magazine.

Whitefish Mountain Resort's village offers a great après ski environment and a wide variety of dining is available.



Please note: In 2007 Big Mountain changed its name to Whitefish Mountain Resort.

PRSRSTSD  
U.S.POSTAGE  
PAID  
PERMIT#20  
KALISPELL,MT  
59901

THE BIG MOUNTAIN  
MEDICAL CONFERENCE  
8 Cloverview Drive  
Helena, MT 59601

THE MONTANA ACADEMY  
OF FAMILY PHYSICIANS

Presents The 58th Annual

## Big Mountain Medical Conference

January 27th - 29th, 2016



The Lodge at Whitefish Lake  
Whitefish, Montana

Register on line at:  
<http://www.montanaafp.org>

Application for CME credit has been filed with the AAFP. Determination of credit is pending

## Wednesday, January 27, 2016

The Lodge at Whitefish Lake

### Afternoon

- 4:30 - 5:00 **Registration**
- 5:00 - 7:00 **Opioids Risk Evaluation Mitigation Strategy - Achieving Safe Use While Improving Patient Care**
- 7:00 - 7:15 **Break for Dinner**
- 7:15 - 8:15 **Alzheimer Update** — *John Schaeffer, D.O.*
- 8:15 - 9:15 **Vertigo** — *John Schaeffer, D.O.*

## Thursday, January 28, 2016

The Lodge at Whitefish Lake

### Morning

- 7:00 - 9:00 **Adult Immunizations, Simple Solutions to a Simple Problem - Why Aren't We Doing Better With Adult Immunizations?** — *Marvin Bittner, M.D.*
- 7:00 - 8:00 **Interactive, Educational Gaming Activity on Recommendations**
- 8:00 - 9:00 **Workshop to Learn & Plan Your Strategies for Optimizing Immunization Rates In Your Practice**

11:00 **Ski Races**

### Afternoon

- 4:30 - 5:30 **Developmental and Behavioral Pediatrics in Primary Care** — *Bonnie Stevens, M.D.*
- 5:30 - 6:30 **Update on Irregular Bowels** — *John Williams, M.D.*
- 6:30 **Reception with food and drinks  
Trophy Presentations for Ski/Snowboard Races**

## Friday, January 29, 2016

The Lodge at Whitefish Lake

### Morning

- 7:00 - 9:00 **New Developments in Substance Abuse Treatment, A Focus on Alcohol** — *Rob Munjal, M.D.*

9:00 - 12:00

### Optional Nexplanon Workshop (Sponsored by Merck)

*There is no fee but you do have to register to attend as space is limited (You can also sign up to attend this workshop if you are not attending the conference)*

Afternoon

4:30 - 5:30

### Residency Case Presentation

*Megan Svec, M.D., & Cassandra Lopez, M.D.*

5:30 - 6:30

### Direct Primary Care: Leverage to Change the Healthcare System

*Erika Bliss, M.D.*

### Faculty

#### Marvin Bittner, M.D.

Associate Professor, Internal Medicine  
Creighton University

#### Erika Bliss, M.D.

Qliance  
Seattle, WA

#### Cassandra Lopez, M.D.

Resident, Fam Med Residency of  
Western MT (FMRWM) Missoula, MT

#### John B. Miller, M.D., Winter Meeting

Program Chair, Faculty, FMRWM  
Missoula, MT

#### Rob Munjal, M.D.

Psychiatry  
Providence Health & Services  
Missoula, MT

#### John Schaeffer, D.O.

Neurology  
Providence Health & Services  
Missoula, MT

#### Bonnie Stevens, M.D.

Neonatology  
Community Medical Center  
Missoula, MT

#### Megan Svec, M.D.

Resident, FMWRM  
Missoula, MT

#### John Williams, M.D.

St. Luke Community Healthcare  
Polson, MT

### Faculty Disclosure

MAFP must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.



The Lodge at Whitefish Lake

## REGISTRATION FORM

Please send this form to:

Montana Academy of Family Physicians  
Linda Edquest  
8 Cloverview Drive  
Helena, MT 59601  
linda@montanaafp.org

Online registration Available at: <http://www.montanaafp.org>  
Please note MAFP is able to accept credit cards for registration.

Name \_\_\_\_\_  
 Title \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_

Please indicate if transportation is needed between conference and Big Mountain. YES / NO

REGISTRATION FEE:

\*Before Jan. 1, 2016: After Jan. 1, 2016:

Montana AFP Members	\$385 _____	\$410 _____
Non-Members	\$435 _____	\$460 _____
Residents	\$0 _____	\$0 _____
Students	\$0 _____	\$0 _____
Nurse Practitioners/PAS	\$385 _____	\$410 _____
Out of State Residents And Students	\$200 _____	\$225 _____
		Total _____

Ski Racers FREE!! Number of racers attending: \_\_\_\_\_

(Includes Wednesday night dinner for registrants, Thursday night reception for registrants and families and ski racing for registrants and family members)

— I would like to attend the Nexplanon Workshop on Friday, Jan. 29

Telephone 406-431-9384

"The AAFP invites comments on any activity that has been approved for AAFP CME credit. Please forward your comments on the quality of this activity to [cmecomment@aaafp.org](mailto:cmecomment@aaafp.org)."